



## SNACK

Dear Parents,

In keeping with the Montessori philosophy, we are striving to allow the children independence in the food preparation area. In a Montessori classroom, snack has a greater purpose than just feeding the children. It is an opportunity for them to develop practical life skills and refine their social skills. We provide attractive placemats, trays, pitchers, and baskets so that the children can set a lovely snack table for each day's snack. We provide a calm environment so that the children can relax at the snack table, have a bit of food and refreshment, and enjoy one another's company.

Each family is asked to provide snacks two or three during the school year. We have compiled a list of suggested snack items, and it will be provided to you in time for your assigned snack week. **Due to allergies, please do not deviate from the list.** By providing a variety of fresh and stored items, the children will be able to plan and prepare snack each day and maximize their independence.

We ask that the complete week of snack staples be brought to your child's class Monday of your week at 8:45am. We will store these supplies for the week. **The fresh vegetable or fruit serving of the day must be brought to the classroom on a daily basis.**

You will note that we have asked you to please bring two bunches of flowers along with your groceries. The children enjoy cutting flowers, arranging them, and placing them about the classroom. We cannot thank you enough for helping to make this much-loved activity available to many more children.

Thank you for your generosity in helping us offer a variety of nutritious snacks for the children.

Sincerely,

Cheryl Winebrenner  
Directress